



## PLAYER ROSTER & ROTATION POLICY

### A) Player Roster & Rotation Policy for ages U8's – U10's (Non-competitive teams)

The team management is instrumental in implementing and maintaining a roster which adheres to the club policies and guidelines.

The U8 and U9's roster and rotation policy is to apply when more than 20 players are registered to play.

The U10's player roster and rotation policy is to apply when more than 24 players registered to play.

The roster will detail which player(s) will miss which games and can be constructed with the input from the parents, i.e. certain parents may take holidays therefore you may be able to roster the players off to accommodate this.

Players missing games through illness or school or family commitments will not necessarily be considered to have been rostered off.

The player roster is to be applied equally to all team members.

The Under 8s (9v9 all season) and Under 9's (During 9v9 season, Rounds 1-7) have a minimum of 7 and up to 9 players on the field at any one time with a maximum of five interchange players. The Under 9's (During 18v18 season, Rounds 8-14) and Under 10's have 18 players on the field at any one time with a maximum of six interchange players.

All players are to participate in a minimum of three quarters of football, unless an injury occurs or further game time reduction is requested by the player or their parent.

#### **The Coach shall endeavour to rotate players off the bench during quarters as he sees fit to limit prolonged time on the bench**

It is a recommendation that coaches set up a structure whereby players are exposed to different positions / lines through the course of the season. It is also recommended that you split the team into the groups and move them through the lines accordingly.

It is a requirement that you rotate a player's position (line) on the ground at least on a week to week basis, to maximize exposure to the game (back line, centre line, forward line).

Team Management will keep an accurate record of each player's game time and be prepared to produce this upon request from the Junior President or Coaching Director.



Where two or more teams are to be fielded in an age group, the composition of the teams will initially be decided within two weeks following club Registration Day. The Junior President and Coaching Director will consult with the coaches of the teams to determine the split of players. Teams will be constructed based on agreed criteria relevant to the registered players, with the teams to be as evenly matched in terms of player numbers as possible. Selection will be given based on the following criteria:

- Group players with respect to attending schools (based on time of registration and following criteria);
  - Group with respect to family relations;
  - Maintain team number discrepancy.

If a child, parent or coach is unhappy with the team to which a player has been selected, a formal submission must be presented to the Coaching Director and Junior President for consideration.

If you need clarification on anything to do with this policy at any stage of the season it is the expectation of the MJFC that you bring it to the Committee's attention.

## **B) Player Roster & Rotation Policy for ages U11's & above (Competitive teams)**

The team management will be instrumental in implementing and maintaining a roster which adheres to the club policies and guidelines.

The roster system is to apply when more than 24 players are registered to play.

The roster should detail which player(s) will miss which games and can be constructed with the input from the parents, i.e. parents may take holidays therefore you may be able to roster the players off to accommodate this.

Players missing games through illness or school or family commitments will not necessarily be considered to have been rostered off.

The player roster is to be applied equally to all team members.

The competitive age groups have 18 players on the field at any one time, with a maximum 6 players on the interchange.

All players are to participate in a minimum of one quarter of football, unless an injury occurs, or further game time reduction requested by the player or their parent. It should be the aim of coaches to maximise the game time of all players in a given match.



**The Coach shall endeavour to rotate players off the bench during quarters as he sees fit to limit prolonged time on the bench**

Player game-time for those players unable to attend all training sessions is at the coach's discretion and will be balanced against each player's unique circumstance. Allowances can be made to accommodate players during training and on game day that have school or representative football training commitments.

If you need clarification on any part of this policy at any stage of the season it is the expectation of the MJFC that you bring it to the Committee's attention.